

## SHARE QUESTION ON ACTIVITIES OF DAILY LIVING

This variable is constructed using items PH049d1 to PH049d6  
It describes the presence of limitations with activities of daily living (ADL).

### **PH049\_ MORE HEALTH AND ACTIVITIES**

Here are a few more everyday activities. Please tell me if you have any difficulty with these because of a physical, mental, emotional or memory problem. Again exclude any difficulties you expect to last less than three months. (Because of a health or memory problem, do you have difficulty doing any of the activities on card 10?)

IWER: PROBE: ANY OTHERS? CODE ALL THAT APPLY

1. Dressing, including putting on shoes and socks
2. Walking across a room
3. Bathing or showering
4. Eating, such as cutting up your food
5. Getting in or out of bed
6. Using the toilet, including getting up or down

If none of these variables is true, we consider that there is no adl.

### **Source:**

[Questionnaire Wave 1](#)

[Questionnaire Wave 2](#)

[Questionnaire Wave 4](#)

[Questionnaire Wave 5](#)

**Additional information on SHARE can be found at [SHARE Website](#)**