

SHARE QUESTION ON PHYSICAL FUNCTIONAL LIMITATION

This variable was constructed based on item PH048dno (96. None of these).

It corresponds to the number of limitations with mobility, arm function & fine motor function reported by each individual.

PH048_ HEALTH AND ACTIVITIES

Please look at card 9. We need to understand difficulties people may have with various activities because of a health or physical problem. Please tell me whether you have any difficulty doing each of the everyday activities on card 9. Exclude any difficulties that you expect to last less than three months. (Because of a health problem, do you have difficulty doing any of the activities on this card?)

IWER: PROBE: ANY OTHERS? CODE ALL THAT APPLY

1. Walking 100 metres
2. Sitting for about two hours
3. Getting up from a chair after sitting for long periods
4. Climbing several flights of stairs without resting
5. Climbing one flight of stairs without resting
6. Stooping, kneeling, or crouching
7. Reaching or extending your arms above shoulder level
8. Pulling or pushing large objects like a living room chair
9. Lifting or carrying weights over 10 pounds/5 kilos, like a heavy bag of groceries
10. Picking up a small coin from a table
96. None of these

Source:

[Questionnaire Wave 1](#)

[Questionnaire Wave 2](#)

[Questionnaire Wave 4](#)

[Questionnaire Wave 5](#)

Additional information on SHARE can be found at [SHARE Website](#)