The Minimum European Health Module

Background documents
The EHEMU/EHLEIS team comprises:

Jean-Marie Robine, Health and Demography, University of Montpellier, France, robine@valdorel.fnclcc.fr
Carol Jagger, University of Leicester, United-Kingdom, cxj@le.ac.uk
Herman Van Oyen Scientific Institute of Public Health, Brussels, Belgium, Herman.VanOyen@wiv-isp.be
Emmanuelle Cambois, INED (Institut National d'Etudes Démographiques), Paris, France, Cambois@ined.fr
Gabriele Doblhammer, Rostock Center for Demographic Change, Germany, doblhammer@rostockerzentrum.de
Wilma J. Nusselder, Erasmus University, Rotterdam, w.nusselder@erasmusmc.nl
Jitka Rychtarikova, University Charles, Prague, Czech Republic, rychta@natur.cuni.cz
Bianca Cox, Scientific Institute of Public Health, Brussels, Belgium, Bianca.Cox@wiv-isp.be
Clare Gillies, University of Leicester, United-Kingdom, clg13@le.ac.uk
Claire Weston, University of Leicester, United-Kingdom, clw19@le.ac.uk
Anne Kruse, Rostock Center for Demographic Change, Germany, kruse@rostockerzentrum.de
Isabelle Beluche, Health and Demography, University of Montpellier, France, isabelle.beluche@valdorel.fnclcc.fr
Renaud Counienc, Health and Demography, University of Montpellier, France, renaud.counienc@valdorel.fnclcc.fr
Cedric Hassen-Khodja, Health and Demography, University of Montpellier, France, cedric.hassen-khodja@valdorel.fnclcc.fr
Isabelle Romieu, Health and Demography, University of Montpellier, France, iromieu@valdorel.fnclcc.fr
Christine Perrier, Health and Demography, University of Montpellier, France, robine@valdorel.fnclcc.fr

Contact EHEMU: Jean Marie ROBINE
Equipe Démographie et Santé, Centre Val d'Aurelle, Parc Euromédecine, 34298 Montpellier cedex 5, France.
Tel: +33 (0) 467 61 30 29
Fax: +33 (0) 467 61 37 87
Email: robine@valdorel.fnclcc.fr

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Contents

1. The Minimum European Health Module
3. EHIS version (First round 2007-2008)
4. SHARE versions 2004 and 2006
5. Eurobarometer versions 58.2 (2002) and 64.3 (2005)
1. The Minimum European Health Module

The Minimum European Health Module (MEHM) assembles three global health indicators:

- The first indicator assesses the **global perceived health** through a standardized question recommended by the World Health organization since 1988 in the framework of consultations to develop common methods and instruments for health interview surveys (WHO 1988, 1990, 1992; de Bruin 1996).

- The second indicator assesses the presence of **long-standing health problems** through a general question on chronic illness developed by ISTAT (Buratta et al. 2003) for the EUROHIS project “Developing common instruments for health surveys” (Nosikov and Gudex 2003).

- The third indicator, the **Global Activity Limitation Indicator (GALI)**, assesses the presence of long-standing activity limitation through a question developed by the Euro-REVES project (Robine et al. 2003; Van Oyen et al. 2006; Cox et al. 2009).

The MEHM, proposed by the Euro-REVES 2 project to monitor health across Europe was first presented at the meeting of the European Disability Measurement project in Luxembourg on 27-28 June 2002 (Robine et al. 2002). It was first used by the Eurobarometer 58.2 in 2002.

The next sections present the successive versions of the MEHM used in EU-SILC (section 2), EHIS (section 3), SHARE (section 4) and Eurobarometer (section 5). These versions may be slightly different from one survey to another, as the module started to be used by Eurobarometer in 2002 before it was completely validated. Moreover, Eurostat developed a pilot version for EU-SILC in 2003 independently of the SHARE field testing which took place at the same time. This led to small differences between the first three versions (Eurobarometer 2002, EU-SILC 2004 and SHARE 2004).

The scientific translations in all the European languages undertaken during the preparation of the European Health Interview Survey (EHIS, 2007-2008) resulted in better standardization of the questions, including those of the MEHM. Since 2008, national versions of the EU-SILC should use the scientifically translated questions of the MEHM performed for the EHIS.
1. How is your health in general?
   1. Very Good
   2. Good
   3. Fair
   4. Bad
   5. Very Bad

2. Do you suffer from/have any chronic (long-standing) illness or condition (health problem)?
   INTERVIEWER: Problems that are seasonal or recurring should be included.
   1. Yes
   2. No

3. For at least the last 6 months have you been limited in activities people usually do, because of a health problem? (If limited specify whether strongly limited or limited)
   1. Yes, strongly limited
   2. Yes, limited
   3. Not limited

Note: If the respondent has recently become limited because of a health problem and expects the limitation to persist for 6 months then code either 1 or 2.

1. How is your health in general?
   Very good / good / fair / bad / very bad.

2. Do you have any long standing illness or health problem?
   No / Yes

3. For at least the last 6 months, to what extent have you been limited because of a health problem in activities people usually do? Would you say you have been: Severely limited / limited but not severely / not limited.

<table>
<thead>
<tr>
<th>Version 2003 (pilot):</th>
</tr>
</thead>
</table>
| 1. How is your health in general?  
**Very good / good / fair / bad / very bad.**  
2. Do you suffer from (have) any chronic (long-standing) illness or condition (health problem)?  
**Yes / No**  
3. For the past 6 months or more have you been limited in activities people usually do because of a health problem?  
**Yes, strongly limited / Yes, limited / No, not limited.**  


|--------------------|
| This version is the official Eurostat version used from 2004 to 2007  
**PH010:** General health  
HEALTH (Health, including health status and chronic illness or condition).  
Cross-sectional and longitudinal.  
Reference period: current.  
Unit: Selected respondent (where applies) or all current household members aged 16 and over.  
Mode of collection: Personal interview (proxy as an exception) or registers.  
Values:  
1 very good  
2 good  
3 fair  
4 bad  
5 very bad  
Flags:  
1 filled  
-1 missing  
-3 not selected respondent  

**PH020:** Suffer from any a chronic (long-standing) illness or condition.  
HEALTH (Health, including health status and chronic illness or condition).  
Cross-sectional and longitudinal.  
Reference period: current.  
Unit: Selected respondent (where applies) or all current household members aged 16 and over.
Mode of collection: Personal interview (proxy as an exception) or registers.

Values:
1 yes
2 no

Flags:
1 filled
-1 missing
-3 not selected respondent

**PH030**: Limitation in activities because of health problems

[Limitation in activities people usually do because of health problems for at least the last 6 months].

HEALTH (Health, including health status and chronic illness or condition).

Cross-sectional and longitudinal.

Reference period: current.

Unit: Selected respondent (where applies) or all current household members aged 16 and over.

Mode of collection: Personal interview (proxy as an exception) or registers.

Values:
1 yes, strongly limited
2 yes, limited
3 no, not limited

Flags:
1 filled
-1 missing
-3 not selected respondent

Source:

http://circa.europa.eu/Public/irc/dsis/eusilc/library?l=/tender_documentation/eu-silc_description/_EN_1.0_&a=d

See extracted pages 186 to 188 in Annex 1

**Version 2008:**

This 2008 version is the Irish version in English from the Central Statistics Office of Ireland

- **Hlth_stus (Health status)**
  
  *Ask if Calc>15*

  *If the respondent is 16 years or over*

  `<Name> How is your health in general?`

  1. Very Good
  2. Good
  3. Fair
  4. Bad
  5. Very Bad

- **Chron_ill (Chronic illness)**
  
  *Ask if Calc>15*

  *If the respondent is 16 years or over*
Do you suffer from long-standing (chronic) illness or condition (health problem)?

⚠ Problems that are seasonal or recurring should be included.

1. Yes
2. No

- Lim_Act (Limited activity)
  Ask if Calc>15
  If the respondent is 16 years or over
  For at least the last 6 months have you been limited in activities people usually do, because of a health problem? (If limited, specify whether strongly limited or limited).

1. Yes, strongly limited
2. Yes, limited
3. Not limited

Source: SILC manual 2008 (Ireland)
### 3. EHIS version (First round 2007-2008)

| Questions of the Minimum European Health Module for the European Health Interview Survey  
| (Draft version 17 Sept 2003) |

**Introduction**

We will now talk about your health. I will start with three general questions before asking you in more detail about your health.

**(Mini European Health Module)**

<p>| | |</p>
<table>
<thead>
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</table>
| 4. | How is your health in general?  
   | Very good/ good / fair/ bad / very bad. |
| 5. | Do you have any long standing illness or health problem?  
   | No/Yes |
| 6. | For at least the last 6 months, to what extent have you been limited because of a health problem in activities people usually do? Would you say you have been: Severe limited/ limited but not severely/ not limited? |

**References:**


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### Questions of the Minimum European Health Module for the European Health Interview Survey  
(Draft version 16 Jan 2005)

| Questions of the Minimum European Health Module for the European Health Interview Survey  
| (Draft version 16 Jan 2005) |

**Introduction**

I would now like to talk to you about your health.

**(Mini European Health Module)**

<p>| | |</p>
<table>
<thead>
<tr>
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<tbody>
<tr>
<td>1.</td>
<td>How is your health in general? Is it very good, good, neither good nor bad, bad or very bad?</td>
</tr>
<tr>
<td>2.</td>
<td>Do you have any long standing illness or health problem? Yes/No</td>
</tr>
<tr>
<td>3.</td>
<td>For at least the past 6 months, to what extent have you been limited because of a health problem in activities people usually do? Would you say you have been severely limited, limited but not severely, or not limited at all?</td>
</tr>
</tbody>
</table>

**References:**


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### Conceptual translation cards  
English version 16-1-05

**Introduction**

I would now like to talk to you about your health.

**(Mini European Health Module)**

<p>| | |</p>
<table>
<thead>
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<tbody>
<tr>
<td>1.</td>
<td>How is your health in general? Is it very good, good, neither good nor bad, bad or very bad?</td>
</tr>
</tbody>
</table>
• The reference is to health in general rather than the present state of health, as the question is not intended to measure temporary health problems;

• Respondents are not specifically asked to compare their health with others of the same age or with their own previous or future health state;

• Response categories: the intermediate category should be translated into an appropriately neutral term, as far as possible;

2. Do you have any long standing illness or health problem? Yes/No

• Do you have (or do you suffer from)...

• Longstanding (or chronic): temporary problems are not of interest;

• Illness or health problem (or condition): only problems of ill-health but not solely diseases.

3. For at least the past 6 months, to what extent have you been limited because of a health problem in activities people usually do?

Would you say you have been: Severely limited, limited but not severely, or not limited at all?

• For at least the past 6 months: the question aims to measure long-standing limitations. The time period refers to the duration of the activity limitation and not of the health problem;

• To what extent (how much) have you been limited because of a health problem: refers only to health-related problems as the cause of the limitations and is not meant to measure limitations due to financial, cultural or other non-health-related causes;

• in activities people usually do: people with long-standing limitations due to health problems, have passed through a process of adaptation which may have resulted in a reduction of their activities. To identify existing limitations a reference is necessary and therefore the activity limitations are assessed against a generally accepted population standard, relative to cultural and social expectations by referring only to activities people usually do.

• Severely limited...: the response categories include 3 levels to better differentiate severity.

References:

Questions of the Minimum European Health Module opening the European Health Status Module
(Adopted 22 Nov 2006)

The questionnaire to be used for the first round of the EHIS (2007/2008) was adopted on 22 November 2006 by the Eurostat Working Group on Public Health Statistics

Introduction 1
I would now like to talk to you about your health.

HS.1 How is your health in general? Is it...

RUNNING PROMPT
• very good
• good
• fair
• bad
• very bad?
• don't know¹
• refusal

HS.2 Do you have any longstanding illness or [longstanding]² health problem? [By longstanding I mean illnesses or health problems which have lasted, or are expected to last, for 6 months or more].

• Yes
• No

• don't know
• refusal

HS.3 For at least the past 6 months, to what extent have you been limited because of a health problem in activities people usually do?

Would you say you have been ...

RUNNING PROMPT

• severely limited
• limited but not severely or not limited at all?

• don't know
• refusal

¹ In all questions, answers such as "don't remember" and "not sure" are covered by the response category "don't know".
² This word / sentence is not part of the MEHM and shall not be considered as included in this question.

However, according to the remarks that were received, in some languages it may be necessary to include them. In these languages, it would be useful to test first the effect of this addition to the question. Depending on results, the word / sentence may be added to the national question or only included in the instructions for the interviewers, etc. However, this has to be done very soon, as the coordination with SILC shall be ensured within a very short time.

References:

See extracted pages 8 and 9 in annex 3

4. SHARE versions (2004 and 2006)

<table>
<thead>
<tr>
<th>Wave 1</th>
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</thead>
<tbody>
<tr>
<td><strong>Questions on self perceived health</strong></td>
</tr>
<tr>
<td><strong>PH002_ HEALTH IN GENERAL QUESTION V 1</strong></td>
</tr>
<tr>
<td>Would you say your health is ...</td>
</tr>
<tr>
<td>1. Very good</td>
</tr>
<tr>
<td>2. Good</td>
</tr>
<tr>
<td>3. Fair</td>
</tr>
<tr>
<td>4. Bad</td>
</tr>
<tr>
<td>5. Very bad</td>
</tr>
</tbody>
</table>

| **PH003_ HEALTH IN GENERAL QUESTION V 2** |
| Would you say your health is ... |
| IWER: THIS IS A SECOND VERSION. DO NOT GO BACK TO FIRST VERSION. |
| 1. Excellent |
| 2. Very good |
| 3. Good |
| 4. Fair |
| 5. Poor |

This variable is based on variables PH002_ & PH003_ in wave 1. Respondents were initially randomised to answer the self-perceived health item either at the beginning or at the end of the PH questionnaire survey.

**Question on chronic morbidity**

| **PH004_ LONG-TERM ILLNESS** |
| Some people suffer from chronic or long-term health problems. By long-term we mean it has troubled you over a period of time or is likely to affect you over a period of time. Do you have any long-term health problems, illness, disability or infirmity? |
| IWER: INCLUDING MENTAL HEALTH PROBLEMS |
| 1. Yes |
| 5. No |

**Questions on Activity limitation**

| **PH005_ LIMITED ACTIVITIES** |
| For the past six months at least, to what extent have you been limited because of a health problem in activities people usually do? |
| IWER: READ OUT |
| 1. Severely limited |
| 2. Limited, but not severely |
| 3. Not limited |
Questions on self perceived health

PH003_ HEALTH IN GENERAL QUESTION 2
Would you say your health is...
1. Excellent
2. Very good
3. Good
4. Fair
5. Poor

Questions on chronic morbidity

PH004_ LONG-TERM ILLNESS
Some people suffer from chronic or long-term health problems. By long-term we mean it has troubled you over a period of time or is likely to affect you over a period of time. Do you have any long-term health problems, illness, disability or infirmity?
IWER: INCLUDING MENTAL HEALTH PROBLEMS
1. Yes
5. No

Questions on Activity limitation

PH005_ LIMITED ACTIVITIES
For the past six months at least, to what extent have you been limited because of a health problem in activities people usually do?
IWER: READ OUT
1. Severely limited
2. Limited, but not severely
3. Not limited

This question corresponds to the Global Activity Limitation (GALI) developed by Euro-REVES for the European Union and currently used for the calculation of the Healthy Life Years (HLY).

References:
SHARE Website (www.share-project.org/)
5. Eurobarometer versions 58.2 (2002) and 64.3 (2005)

Eurbarometer 58.2 (2002): Q28-Q29 and Q30

Q28 - Questions on self perceived health
How is your health in general...
1. Very good
2. Good
3. Fair
4. Bad
5. Very bad

Q29 - Questions on chronic morbidity
Do you have any long-standing illness or health problem?
1. Yes
5. No

Q30 - Questions on Activity limitation
For the past six months or more, have you been restricted in doing certain activities because of health problems?
1. Yes, severely restricted
2. Yes, somewhat restricted
3. No, not restricted

References:
Eurbarometer 58.2: October-December 2002 Basic English questionnaire
European Opinion Research Group
See extracted pages 13-14 in annex 4

Eurbarometer 64.3 (2005): Q28-Q29 and Q30

Q28 - Questions on self perceived health
How is your health in general...
1. Very good
2. Good
3. Neither good nor bad
4. Bad
5. Very bad
Q29 - Questions on chronic morbidity
Do you have any long-standing illness or health problem?
1. Yes
5. No

Q30 - Questions on Activity limitation
Over the past 6 months, to what extent, if at all, have you been limited in activities people normally do, because of a health problem? Would you say you have been...
1. Severely limited
2. Yes, somewhat limited
3. Not limited at all

References:
EUROBAROMETER 64.3 SPECIAL N°246 HEALTH AND FOOD November 2005
See extracted page 72 in annex 5

EB Website: http://ec.europa.eu/public_opinion/index_en.htm
References:


Acknowledgements:

The Consultation to develop common methods and instruments for health interview surveys was organized by the Netherlands Central Bureau of Statistics’ department of Health Statistics under the aegis of the World Health Organization’s Regional Office for Europe.

Euro-REVES II was funded by the European Commission (convention n°SI2.290643)

EUROHIS was a joint project of the Regional Office for Europe of the World Health Organization and the European Commission’s BIOMED2 programme.
Annexes:

Annex 1: EU-SILC official Eurostat version used from 2004 to 2007

EU-SILC 065/03: Extracts from Description of Target Variables (pages 186 to 188)
**PH010: General health**

*HEALTH (Health, including health status and chronic illness or condition)*

*Cross-sectional and longitudinal*

*Reference period: current*

*Unit: Selected respondent (where applies) or all current household members aged 16 and over*

*Mode of collection: Personal interview (proxy as an exception) or registers*

<table>
<thead>
<tr>
<th>Values</th>
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<tbody>
<tr>
<td>1</td>
<td>very good</td>
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<tr>
<td>2</td>
<td>good</td>
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<tr>
<td>3</td>
<td>fair</td>
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<tr>
<td>4</td>
<td>bad</td>
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<tr>
<td>5</td>
<td>very bad</td>
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<tr>
<td>-1</td>
<td>missing</td>
</tr>
<tr>
<td>-3</td>
<td>not selected respondent</td>
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</table>

The measurement of self-perceived health (SPH) is, by its very nature, subjective. The notion is restricted to an assessment coming from the individual and not from anyone outside that individual, whether an interviewer, health care worker or relative. SPH is influenced by impressions or opinions from others, but is the result after these impressions have been processed by the individual relative to their own beliefs and attitudes. The reference is to health in general rather than the present state of health, as the question is not intended to measure temporary health problems. It is expected to include the different dimensions of health, i.e. physical, social and emotional function and biomedical signs and symptoms. It omits any reference to an age. It is not time limited.

Five answers categories are proposed. Two (very good and good) are at the upper end of the scale and two (bad and very bad) are at the lower. It is also important to note that the intermediate category ‘fair’ should be translated into an appropriately neutral term, as far as possible keeping in mind cultural interpretations, in the various languages.

For this question a proxy should be limited as much as possible.
PH020: Suffer from any a chronic (long-standing) illness or condition

**HEALTH** (Health, including health status and chronic illness or condition)
Cross-sectional and longitudinal
Reference period: current
Unit: Selected respondent (where applies) or all current household members aged 16 and over
Mode of collection: Personal interview (proxy as an exception) or registers

<table>
<thead>
<tr>
<th>Values</th>
<th>1</th>
<th>yes</th>
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<tr>
<td></td>
<td>2</td>
<td>no</td>
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<tr>
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<td></td>
<td>-3</td>
<td>not selected respondent</td>
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</tbody>
</table>

It is necessary to keep in mind that the recommended wording contains ‘alternatives’. For instance:
- ‘chronic’ or ‘longstanding’ should be chosen according to what is ‘best understood’ in a country/language.
- it is intended to ask if people ‘have’ a chronic condition, not if they really suffer from it. But it seems that in some countries/languages it would be strange to use the word ‘have’ and that they ‘suffer’ means the same as ‘have’.
- ‘health problem’ seems not to be understood in some countries/languages and therefore ‘illness or condition’ is the alternative.

The main characteristics of a chronic condition are that it is permanent and may be expected to require a long period of supervision, observation or care.

Rather than adding further details to the question wording, interviewers should be instructed to be as inclusive as possible in answering to PH020. This means that the following would all be included:
- problems that are seasonal or intermittent, even where they ‘flare up’ for less than six months at a time;
- problems not seem by the respondent as very serious (hay fever again); the item on severity or limitation would ‘screen out’ less serious problems at the second stage;
- problems that have not been diagnosed by a doctor (to exclude these would mean permitting those with better access to medical services to declare more problems);
- problems that the respondent treats himself or herself (e.g. with over-the-counter drugs);
- problems that have lasted (or recurred), or are expected to last (recur) over a six month period or longer.

For this question a proxy should be limited as much as possible.
PH030: Limitation in activities because of health problems

[Limitation in activities people usually do because of health problems for at least the last 6 months]

HEALTH (Health, including health status and chronic illness or condition)
Cross-sectional and longitudinal
Reference period: current
Unit: Selected respondent (where applies) or all current household members aged 16 and over
Mode of collection: Personal interview (proxy as an exception) or registers

<table>
<thead>
<tr>
<th>Values</th>
<th>Description</th>
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<tbody>
<tr>
<td>1</td>
<td>yes, strongly limited</td>
</tr>
<tr>
<td>2</td>
<td>yes, limited</td>
</tr>
<tr>
<td>3</td>
<td>no, not limited</td>
</tr>
</tbody>
</table>

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<tr>
<th>Flags</th>
<th>Description</th>
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<td>-1</td>
<td>missing</td>
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<tr>
<td>-3</td>
<td>not selected respondent</td>
</tr>
</tbody>
</table>

The person’s self-assessment of whether they are hampered in their daily activity by any ongoing physical or mental health problem, illness or disability.

An activity is defined as ‘the performance of a task or action by an individual’ and thus activity limitations are defined as ‘the difficulties the individual experience in performing an activity’. Limitations should be due to a health condition.

The activity limitations are assessed against a generally accepted population standard, relative to cultural and social expectations by referring only to activities people usually do. This is a self-perceived health question and gives no restrictions by culture, age, gender or the subjects own ambition.

Specification of health concepts (e.g. physical and mental health) should be avoided.

The purpose of the instrument is to measure the presence of long-standing limitations, as the consequences of these limitations (e.g. care, dependency) are more serious. A 6 months period is often used to define chronic or long-standing diseases in surveys.

The period of at least the last 6 months is relating to the limitation. The answer to this question is yes (1 or 2) if the person is currently limited and has been limited in activities for at least the last 6 months.

In the response categories, a distinction is made in three levels of severity (yes strongly limited, yes limited, no not limited).

If the problem is seasonal or recurring the interviewee has to think in general over the at least the last six months (or coming six months if condition has just developed), would you say it has limited you strongly, somewhat or not at all.
Annex 2: EU-SILC official Eurostat version used from 2008 onwards


Survey on Income and Living Conditions (SILC) Questionnaire Manual 2008

<table>
<thead>
<tr>
<th>Background Information</th>
<th>Page 2</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sample of Households</td>
<td>Page 5</td>
</tr>
<tr>
<td>Blaise Questionnaire</td>
<td>Page 8</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Household Details</th>
<th>Page 11</th>
</tr>
</thead>
<tbody>
<tr>
<td>Individual Details</td>
<td>Page 19</td>
</tr>
<tr>
<td>Under 16 Questionnaire</td>
<td>Page 31</td>
</tr>
<tr>
<td>Individual Details, over 16, (continued)</td>
<td>Page 44</td>
</tr>
<tr>
<td>Education Details</td>
<td>Page 46</td>
</tr>
<tr>
<td>Employment Details</td>
<td>Page 58</td>
</tr>
<tr>
<td>Industry and Occupation Details</td>
<td>Page 76</td>
</tr>
<tr>
<td>Farm Questionnaire</td>
<td>Page 86</td>
</tr>
<tr>
<td>Employment Details (continued)</td>
<td>Page 125</td>
</tr>
<tr>
<td>Employee Income Details</td>
<td>Page 130</td>
</tr>
<tr>
<td>Non-Farming Self Employment Income Details</td>
<td>Page 170</td>
</tr>
<tr>
<td>Other Questions on Income (e.g. Rental Income etc.)</td>
<td>Page 179</td>
</tr>
<tr>
<td>Occupational and Private Pension Details</td>
<td>Page 195</td>
</tr>
<tr>
<td>Other Questions on Income (e.g. Redundancy lump sums etc.)</td>
<td>Page 205</td>
</tr>
<tr>
<td>PPS Number and Social Welfare Questions</td>
<td>Page 209</td>
</tr>
<tr>
<td>Personal Deprivation Questions</td>
<td>Page 255</td>
</tr>
<tr>
<td>Health Questions</td>
<td>Page 259</td>
</tr>
<tr>
<td>Household Questionnaire</td>
<td>Page 268</td>
</tr>
<tr>
<td>Appendix – List of SILC Questionnaire Variables</td>
<td>Page 334</td>
</tr>
</tbody>
</table>
• **Health status**
  Ask if Calc>15
  If the respondent is 16 years or over

  <Name> How is your health in general?

  1. Very Good
  2. Good
  3. Fair
  4. Bad
  5. Very Bad

• **Smoke**
  Ask if Calc>15
  If the respondent is 16 years or over

  <Name> Do you smoke?

  1. Yes
  2. No

• **Chronic illness**
  Ask if Calc>15
  If the respondent is 16 years or over

  <Name> Do you suffer from long-standing (chronic) illness or condition (health problem)?

  1 Problems that are seasonal or recurring should be included.

  1. Yes
  2. No
- **Lim_Act (Limited activity)**
  Ask if Calc>15
  If the respondent is 16 years or over

  <Name> For at least the last 6 months have you been limited in activities people usually do, because of a health problem? (If limited, specify whether strongly limited or limited).

  1. Yes, strongly limited
  2. Yes, limited
  3. Not limited

  **Note:** If the respondent has recently become limited because of a health problem and expects the limitation to persist for 6 months then code either 1 or 2.

- **Chron_ill2 (Type of chronic condition)**
  Ask if Chron_ill=1
  If the respondent suffers from a chronic illness

  <Name> Which of the following long-standing conditions do you suffer from? **This should be treated as a multiple-choice question.**

  1. Blindness, or a severe vision impairment
  2. Deafness, or a severe hearing impairment
  3. A condition that substantially limits one or more basic physical activities such as walking, climbing stairs, reaching, lifting or carrying
  4. A learning or intellectual disability
  5. A psychological or emotional condition
  6. Other, including any chronic illness

  Enter at most 6 values.

**European Health Status Module**

**Introduction**
I would now like to talk to you about your health.

**HS.1 How is your health in general? Is it...**

**RUNNING PROMPT**
- very good  □ 1
- good □ 2
- fair □ 3
- bad □ 4
- very bad? □ 5
- don’t know^1 □ 8
- refusal □ 9

**HS.2 Do you have any longstanding illness or [longstanding]^2 health problem? [By longstanding I mean illnesses or health problems which have lasted, or are expected to last, for 6 months or more].**

- Yes □ 1
- No □ 2
- don’t know □ 8
- refusal □ 9

---

^1 In all questions, answers such as “don’t remembor” and “not sure” are covered by the response category “don’t know”.

^2 This word / sentence is not part of the MEHM and shall not be considered as included in this question. However, according to the remarks that were received, in some languages it may be necessary to include them. In these languages, it would be useful to test first the effect of this addition to the question. Depending on results, the word / sentence may be added to the national question or only included in the instructions for the interviewers, etc. However, this has to be done very soon, as the coordination with SILC shall be ensured within a very short time.
HS.3 For at least the past 6 months, to what extent have you been limited because of a health problem in activities people usually do?

Would you say you have been ...

RUNNING PROMPT

- severely limited ☐ 1
- limited but not severely or ☐ 2
- not limited at all? ☐ 3
- don’t know ☐ 8
- refusal ☐ 9

Introduction 2
Here is a list of diseases or conditions.

HS.4 Do you have or have you ever had any of the following diseases or conditions?

- Yes ☐ 1
- No ☐ 2
- don’t know ☐ 8
- refusal ☐ 9

INTerviewer: Hand showcard 1. Respondent to read out only the categories that apply to him/her, code all categories and for each disease / health problem reported ask HS.5 and HS.6. If no disease / health problem is reported (codes 2, 8 or 9) go to question HS.7.

HS.5 Was this disease/condition diagnosed by a medical doctor?

- Yes ☐ 1
- No ☐ 2
- don’t know ☐ 8
- refusal ☐ 9

HS.6 Have you had this disease/condition in the past 12 months?

- Yes ☐ 1
- No ☐ 2
- don’t know ☐ 8
- refusal ☐ 9
**Annex 4:** Eurobarometer official version used for Eurobarometer 58.2 (2002):

Q28-Q29 and Q30 - Extracted pages 13-14

<table>
<thead>
<tr>
<th>Q. 28. How is your health in general? (SHOW CARD - READ OUT - ONE ANSWER ONLY)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Very good. .................................................. 1 (250)</td>
</tr>
<tr>
<td>Good ..................................................................... 2</td>
</tr>
<tr>
<td>Fair ..................................................................... 3</td>
</tr>
<tr>
<td>Bad ..................................................................... 4</td>
</tr>
<tr>
<td>Very bad ............................................................. 5</td>
</tr>
<tr>
<td>DK ...................................................................... 6</td>
</tr>
</tbody>
</table>

**EB58.2 - NEW**

<table>
<thead>
<tr>
<th>Q. 29. Do you have any long-standing illness or health problem?</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yes ........................................................................ 1 (251)</td>
</tr>
<tr>
<td>No ........................................................................ 2</td>
</tr>
<tr>
<td>DK ........................................................................ 3</td>
</tr>
</tbody>
</table>

**EB58.2 - NEW**

EUROPEAN OPINION RESEARCH GROUP – EB58.2 – AUTUMN 2002
Q. 30. For the past 6 months or more, have you been restricted in doing certain activities because of health problems? (READ OUT)

Yes, severely restricted................................................................. 1 (252)
Yes, somewhat restricted.............................................................. 2
No, not restricted............................................................................. 3
DK.................................................................................................. 4

EB58.2 - NEW

I would like you to think about situations you may face in everyday life.

Q. 31. a) Can you read a newspaper without glasses, lenses or anything else?

Yes................................................................................................. 1 (253) Go to Q. 32. a.
No.................................................................................................. 2 Go to Q. 31. b.
I am blind/cannot see very well (SPONTANEOUS)............................. 3 Go to Q. 33. a.
DK.................................................................................................. 4 Go to Q. 32. a.

EB58.2 - NEW

IF "NO", CODE 2 IN Q. 31. a.

b) And with your glasses, lenses or anything else, can you read a newspaper?

Yes................................................................................................. 1 (254)
No.................................................................................................. 2
I have no glasses, lenses or anything else (SPONTANEOUS).............. 3
DK.................................................................................................. 4

EB58.2 - NEW

IF CODE 1, 2 OR 4 IN Q. 31. a.

Q. 32. a) Can you clearly see the face of someone 4 metres away (for instance across a street) without glasses, lenses or anything else?

Yes................................................................................................. 1 (255) Go to Q. 33. a.
No.................................................................................................. 2 Go to Q. 32. b.
DK.................................................................................................. 3 Go to Q. 33. a.

EB58.2 - NEW

IF "NO", CODE 2 IN Q. 32. a., OTHERS GO TO Q. 33. a.

b) And with your glasses, lenses or anything else, can you clearly see the face of someone 4 metres away (for instance across a street)?

Yes................................................................................................. 1 (256)
No.................................................................................................. 2
I have no glasses, lenses or anything else (SPONTANEOUS).............. 3
DK.................................................................................................. 4

EB58.2 - NEW

EUROPEAN OPINION RESEARCH GROUP – EB58.2 – AUTUMN 2002
Annex 5: Eurobarometer official version used for Eurobarometer 64.3 (2005):

Q28-Q29 and Q30 - Extracted page 72

Q029 How is your health in general?

(READ OUT - ONE ANSWER ONLY)

<table>
<thead>
<tr>
<th></th>
<th>(869)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Very good</td>
<td>1</td>
</tr>
<tr>
<td>Good</td>
<td>2</td>
</tr>
<tr>
<td>Neither good nor bad</td>
<td>3</td>
</tr>
<tr>
<td>Bad</td>
<td>4</td>
</tr>
<tr>
<td>Very bad</td>
<td>5</td>
</tr>
<tr>
<td>OK</td>
<td>0</td>
</tr>
</tbody>
</table>

Q030 Do you have any long-standing illness or health problem?

(870)

<table>
<thead>
<tr>
<th>Answer</th>
<th>(871)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yes</td>
<td>1</td>
</tr>
<tr>
<td>No</td>
<td>2</td>
</tr>
<tr>
<td>OK</td>
<td>3</td>
</tr>
</tbody>
</table>

Q031 Over the past 6 months, to what extent, if at all, have you been limited in activities people normally do, because of a health problem? Would you say you have been...

(READ OUT - ONE ANSWER ONLY)

<table>
<thead>
<tr>
<th></th>
<th>(871)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Severely limited</td>
<td>1</td>
</tr>
<tr>
<td>Somewhat limited</td>
<td>2</td>
</tr>
<tr>
<td>Not limited at all</td>
<td>3</td>
</tr>
<tr>
<td>OK</td>
<td>4</td>
</tr>
</tbody>
</table>